

Assessment Follow-Up Team

Our Assessment Follow-Up Team works with the families of children and adolescents after they have had a psychological or psychoeducational assessment to help implement specific recommendations offered in that assessment. This might include helping a child to develop skills to regulate emotions, improve organization and initiative-taking, supporting and training parents, and assisting with the Cogmed

working memory training program. This team can also help with building academic skills, including reading, writing and mathematics.



**Elise Ditner, M.Sc., C.Psych. Assoc.
(Supervised Practice)**

Elise Ditner has over 20 years of experience providing psychoeducational assessments and support to elementary and secondary students who are experiencing difficulties with issues like ADHD, learning disabilities, anxiety, emotional self-regulation, and difficulties with planning, organization and time management.

Using a combination of assessment and consultative skills, Elise looks beyond the diagnosis to help families and schools really understand an individual's challenges, and works with them to develop strategies to enhance learning and performance at school and in 'real life.'

Elise has also worked in a number of hospital and treatment settings, and consulted to a variety of independent schools and public agencies. She provides workshops and presentations

for parents, educators and other professional groups on topics such as attachment, motivation, working memory and understanding learning disabilities.

Elise is also a licensed Cogmed coach and has been instrumental in making that program available to individuals and to schools. She is also a member of our Assessment Follow-Up Team.

When not working, Elise enjoys spending time with her family, reading and riding her horse.



Candice Hamilton-Miller, M.Sc., R.P.

Candice Hamilton-Miller is an experienced and versatile member of our Assessment Follow-Up Team. With a Masters Degree in Family Relations and Human Development from the University of Guelph, and Bachelors Degrees in psychology from both Toronto's York University and South Africa's University of Cape Town, Candice has a broad perspective on which to assist children and their families. She has training in various psychotherapeutic techniques including cognitive behavioural therapy, narrative therapy, play therapy, family therapy and sex therapy.

As a therapist, Candice works to engage children, adolescents and adults in the process of their own change, carefully tailoring her approach to fit with the client's individual needs and abilities. She has extensive experience supporting

the families of children with special needs, including mental health challenges, like depression, anxiety, ADHD and learning disabilities, as well as with issues like autism and speech and language problems.

Candice is registered with The College of Registered Psychotherapists of Ontario (CRPO).